



JESUS ON _____

THE SERMON ON THE MOUNT

Opening Question:

How has what you worry about changed from childhood to adulthood?

Read: Matthew 6:25-34; Philippians 4:4-9

We see the word “therefore” at the beginning of the passage in Matthew. How does this section of scripture flow out of the previous, that we talked through last week?

There is one small sentence in the middle of the Philippians passage that is easy to skim over without really considering its impact. “The Lord is near.”

How does this one phrase impact these passages and what is being asked of us?

What do worry and anxiousness rob us of?

In contrast, in Matthew, we are told that the Father knows what we need, and Paul instructs the Philippians to present all requests to God. So who should carry the weight of our cares and concerns? If we took these verses seriously, how would it impact how you think, how you live?



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What is promised in Philippians 4:7 if we follow the previous v.6?
When we receive this gift, how does it function in our lives, and how might it change us?

What does the passage in Matthew instruct us to seek? With what result?

How does Matthew 6:33 connect to Philippians 4:8-9?

What does your mind naturally dwell on?
How does it compare to the list found in Philippians 4:8?
How might you train your mind to dwell on these kinds of things?

What can we learn about God from these passages?

Is there anything you feel the Holy Spirit nudging you to look at more closely?

Prayer:

Father, thank you for always being near to us. Thank you for loving us, and being willing to carry everything that concerns us. Help us to trust you enough to let go of all of our worries, knowing that you are working for our good in all things. Help us to seek you above all, so that we can rise above our circumstances and receive the peace that only you can offer. In the name of Jesus, amen.

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