

# # Blessed

*Week 3: Those Who Mourn*

**As verse 3 and 4 describe our fallen state as we stand before a perfect God, we see a subtle shift into more positive territory in verse 5. Here, we begin to see a life coming under obedience to our holy God, that can only occur as a believer experiences the previous two verses.**

***Week 2: Read Matthew 5:3-5; Psalm 37:1-11; Titus 3:1-7***

How have you understood the word 'meek' until now?

Did you perceive it as a positive or a negative trait?

How does meekness differ from weakness?

What do we learn about God in these verses?

***Read: Mark 3:1-6; Luke 8:22-25; John 18:1-14; Matthew 27:38-44***

How did Jesus display meekness?

How can we show meekness toward God?

How can we show meekness toward others?

How might the Holy Spirit be calling you to embrace meekness in your life right now?

Is He bringing a certain situation to mind? A certain relationship?

***Prayer:***

Father, thank you for the example we see in Jesus of power kept under control. Lord, may we develop the same self-control, as your Spirit sanctifies us and as we place our trust fully in you. We know that you are working for our good and your own glory, and we leave both retribution and grace in your mighty and loving hands. In the name of Jesus, amen.

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