

# #Blessed

**In what is considered a foundational sermon of the Christian faith, Jesus gives rich insight into who His followers are and how we are to live. In just a few sentences, Jesus turns what is considered good, fortunate, and blessed upside down, and shows us what it really looks like to pursue God and live as His children.**

## **WEEK 1: Read Matthew 5:1-12**

What is your current understanding of the word "blessed?"

How does culture define blessed? What do people think a "blessed life" looks like?

Use Google or a concordance to find a few other instances of the word "blessed" in the Bible (refer to at least 3-5). Using these other verses for context, how would you say the Bible defines being blessed?

Do you think your current understanding has been shaped more by culture or by the biblical meaning of the word?

## **Read: Matthew 5:3; Romans 3:9-20; James 4:10**

How does being poor in spirit level the playing field for those who come to Jesus?

Why is being poor in spirit a necessary first step?

How is being poor in spirit different than low self-esteem?

What is the reward to recognizing our spiritual poverty/depravity? Why is this the reward?

## **Prayer:**

Father, thank you for teaching us how to be your followers. Thank you for giving us a holy perspective on who we are, and who you are. Help us to see the world, and ourselves, through Kingdom eyes, and walk through life in such a way that others see something different in us. Thank you for making a way for us to do both. In the name of Jesus, amen.

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